## MEDIA RELEASE

For Immediate Release

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## Alexandra Hospital, Ingersoll and Tillsonburg District Memorial Hospital's Annual Meeting – a time of reflection

Alexandra Hospital, Ingersoll (AHI) and Tillsonburg District Memorial Hospital (TDMH) reflected on achievements over the past year as well as COVID challenges at their recent annual general meeting.

"Although the COVID Pandemic has caused us all to pause and do things differently, this past year has still brought with it many exciting advancements at AHI and TDMH," explained Sandy Jansen, President and CEO.

AHI and TDMH remain focused on providing the highest quality and safest care to our patients. We continue with enhanced COVID precautions as necessary to keep our patients and staff safe. AHI celebrated the creation of a beautiful new space focusing on integrated chronic disease management with expansion of their Cardiac Rehab and Diabetes Education Program. We also launched an Oxford County Specialty Wound Care and Diabetic Foot Ulcer Offloading Clinic providing out-patient wound care and procedures. TDMH expanded their Surgical Services Program through increased on-call services, additional cataract procedures as well as the introduction of an Orthopedic Specialty Clinic in partnership with London Health Sciences Centre's Ortho-Trauma Team.

The Oxford and Area Ontario Health Team is proceeding with year-one initiatives to create integrated care pathways for populations with chronic conditions, palliative care needs and individuals experiencing challenges related to mental health and addictions. Part of the work also includes expanding digital access across health sectors to improve continuity of care.

Investment in facility upgrades are vital for future growth of the organizations, and to keep people safe and secure. Access control and employee duress systems are being installed at both sites to ensure the safety of our staff and patients. AHI also installed some new roofing and air-conditioning, and TDMH completed their new generator upgrade which was a multifaceted, multi-year project.

AHI and TDMH played a vital role in collaborating with Ontario Health West and Southwestern Public Health to manage the impact of the pandemic. We opened COVID Testing Centres at both hospital sites, supported local long-term care facilities and retirement homes in outbreak management and ensured additional in-patient bed capacity to address COVID surge and assist with capacity challenges at other sites. COVID has truly brought to light the need to work together as a health care system.

The pandemic has caused increased stress, anxiety and burnout of healthcare workers around the globe and our hospitals are no exception. For over a year staff and physicians have demonstrated strength, empathy and resiliency as we battled the pandemic together. We are committed to redesigning our

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Wellness Strategy with a focus on programs, education and incentives to support the mind, body and spirit of our dedicated staff!

"The COVID Pandemic has changed our lives forever. We would like to take this opportunity to thank our hospital leaders, staff, physicians, volunteers and Foundations for your dedication and commitment to our patients and community during this challenging year," commented Don Campbell, incoming AHI Board Chair. "To our amazing communities, thank you from the bottom of our hearts for your endless support, positive wishes, thoughts and prayers," remarked Ruby Withington, TDMH Board Chair.

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